

# August 2012 **Shinnin' Times** Vol. 17, #8

A Publication of the Early Arkansas Reenactors Association (EARA)

Web Page: [www.arkansaw.us](http://www.arkansaw.us)

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[Arkansas-subscribe@yahoogroups.com](mailto:Arkansas-subscribe@yahoogroups.com)

## HAM INDEPENDENCE DAY CELEBRATION – JULY 4, 2012

### Tory or Patriot

On July 4th, 2012, EARA members gathered at the Historical Arkansas Museum for the Independence celebration. It was the first event for the 16th Regiment of Foote as an official unit. The British were stationed inside to greet the loyal Americans and win them over to the King by saying "God Save King George!" Outside, the American Militia was recruiting new soldiers and drilling them in the style back in 1776. After the recruits had finished their training they lead a parade inside the building to confront the British. Then an American Patriot delivered the Declaration of Independence

to the visitors and the militia. During the reading, the visitors taunted the British with Patriotic voices of Arkansas. The British tried to arrest the speaker but, were forced to leave when the militia forced the British out. After the event the EARA members went over to the Irish pub in North Little Rock to reflect about the event and talk about upcoming events. Also to add, the museum would like for us to come back next year and do it all over again.

*William Hardage*



## 16TH REGIMENT OF FOOTE

The 16<sup>th</sup> Regiment of Foote is looking for new recruits to fill its rank to fight for King George III  
Come and take the Kings Shilling!  
Contact William Hardage ([britishofficer@yahoo.com](mailto:britishofficer@yahoo.com))  
Unit Website: <http://www.16thfoote.org>



**KEELBOAT WORK DAY**  
**JULY 7, 2012**

The workday early this month brought out 13 folks to help stabilize the keelboat carport. Now we need at least that many if not more to finish the job on Saturday, July 28th, beginning at 9 a.m. Lunch will be provided. So please, please try to make it on the 28th. Call Chuck, 501-772-2008, if you need directions. See you there.

*Ed Williams*

**2ND SATURDAYS AT CADRON**

On July 14<sup>th</sup>, we met at Cadron Park for our regular scheduled 2nd Saturday. Steve Holmes presented a wonderful and extremely informative demonstration on the difference between teas, tinctures, infusions, decoctions, essential oils, balms and salves, and how to make them, as well as information on the use of many herbs. We even made a healing salve (with comfrey, calendula and essential oil) before lunch. After a wonderful lunch provided by the great cooks in the group, we reconvened and an antispetic lipbalm was made with an almond oil base and beeswax, as well as an anti-fungal balm. Steve also provided a handout that had the recipes for the above items as well as many more. Everyone seemed to enjoy themselves, and I've heard many, many comments on how informative the presentation was. Maybe we can convince Steve to do this presentation again (when the weather is a little cooler) so more folks can attend.

Our next scheduled 2<sup>nd</sup> Saturday at Cadron is **August 11, 2012**. Burn ban permitting, Tom Reedy ("Pole Dancer") is planning a presenting on primitive fire starting with charcloth and flint and steel, and showing people other things that are used in the firestarting process. Don't miss a great experience.

**ICE CREAM SOCIAL**

EARA members are invited to a homemade ice cream social at Carol's porch on August 18, 2012, beginning at 10:00 a.m.

Please, bring your freezers – crank and electric – to Carol's porch and enjoy an Old Fashioned Ice Cream Social with

our friends. Bring all the fixings and trimmings . . .

Carol Fritts – 501-821-0121

**HISTORIC ENCAMPMENT**  
**MOUNT MAGAZINE STATE PARK**

Our event has changed. We have broadened goals and time period!!! Read carefully.

Mount Magazine State Park will host Arkansas's highest living history event September 28 – 30. The Historic Encampment will not be a typical rendezvous. Our goal is to interpret various types of people that could have inhabited or visited the Mount Magazine area before statehood in 1836. Personae could include market hunters exploring up from the Arkansas River, fur traders, soldiers from the garrison at Fort Smith, American veterans of the War of 1812, professional naturalists, settlers in the valley, Osage, or Cherokee. Clothing, camp gear, and firearms must be period and regionally correct. Teepees will not be welcomed. All firearms should be flintlocks.

Squirrel season will be open and our encampment will be within a short drive to some of the finest squirrel woods in Arkansas. Demonstrations will be held for tourist on that Saturday. So, we can hunt in the mornings and clean guns and cook squirrels as demonstrations. No pets will be allowed. However, canine hunting companions and pack animals will be permitted.

The site is very shady. Trekkers will be allowed to camp in adjoining woods. This will be a good event for beginning trekkers. There are two permanent hooters on site. There is no tap water in the area. Participants should bring their own water supplies and vessels. Hopefully, a natural spring will be flowing near the encampment. Hot shower are about 1/4th of a mile away. Firewood will be provided by nature. Enjoy beautiful scenery of the valley from nearby bluffs. Early arrival is encouraged for Friday, September 28th.

RSVP. For more information, contact Don R. Simons, Mount Magazine State Park, 16878 Hwy. 309 South, Paris, AR 72855, don.simons@arkansas.gov, or (479) 963-8502.

**PRONUNCIATION OF "ARKANSAS"**

Arkansas is one of the many words which has an Indian origin. Because the early explorers and settlers attempted to write the name as they heard it pronounced by the Indians, there was once a difference of opinion about both the pronunciation and the spelling. Originally named for a tribe of Indians who lived in Arkansas at the time the earliest explorers visited it, the tribe's name, Quapaw, was often called "Ol-gag-pa," or Ol-ka-na-sa," or Ugakhopag." The French explorers were the first Europeans who tried to spell it and they spelled the name as it sounded in their French pronunciation. Marquette and Joliet spelled it "Arkansas." LaSalle wrote it "Acansa." Hennepin used "Akansa." A map of La Harpe's trip in the early 18th century has the river spelled "Arkansas" and the name of the tribe "Les Akansa." Zebulon Pike,, almost a hundred years later, spelled the name as he probably heard it, "Arkansaw." Thomas Nuttall, who was an educated scientist/naturalist who visited Arkansas in 1819, spelled the name "Arkansas" and "Arkansa." When the Arkansas Territory was created in 1819, Congress wrote the word "Arkansaw"; later legal documents which related to government treaties with the Quapaw Indians, spelled it "Arkansaw."

For a time, it seemed that the spelling "Arkansas" would win but the disagreement continued until 1881 when the Arkansas Legislature declared that the name would be officially spelled "Arkansas" and pronounced "Arkansaw," and this action legalized the spelling and pronunciation and ended the argument.

From an article in "Living in Arkansas"  
by O.E. McKnight, Third Edition,  
Appendix III, pg. 334  
*Ms. Hattie*

**MEDICINE IN THE WOODS**

**SWEET GUM**

The Sweet Gum has medicinal uses. Inner bark paste is healing when applied to deep wounds, swellings, skin irritations, and old sores. Bark tea curbs the misery of common diarrhea when sipped in measured doses over a given time. The tea can lower the dangerous symptoms of dysentery, reducing agonizing spasms associated

with the disease. The gummy sap has antiseptic value. Mixed with warm water it is a mouthwash or as a gargle for sore throat. It also can be used as a wound wash. Powered inner bark mixed with fresh sap makes a germ-killing wound cleanser. The inner bark-sap mix has anti-cancer properties. It is commonly utilized by American Indians as a treatment against skin cancer, alignment sores, and timorous conditions. The sap has known pain relieving properties.

*No Nose*

## **"FOOD" FOR THOUGHT**

### **ONIONS**

Did you know that onion juice is helpful to relieve pain? Consumed raw, as infusion or tincture, the onion is one of the food-medicines.

The onion tincture is a good remedy for angina pectoris. The tincture is prepared from two small onions, sliced and soaked for 10 days in 100 ml of 70° alcohol. After 10 days filter the mixture and take two teaspoons of tincture (in a little water) before lunch and dinner.

Another treatment for angina pectoris is the mixture of onion, garlic, lemon juice and honey. Take a larger red onion, peel it and cut it, then do the same with a clove of garlic. Add the juice from a lemon and seven to eight tablespoons of honey. Let the mixture soak for three days in one liter of boiled water. Take a teaspoon of this mixture three times a day to reduce the symptoms.

Onion tincture is also indicated for fatigue, rheumatism and atherosclerosis.

Onion wine keeps you away from colds. More than ever, during the winter we should take care of the immune system. For cough, sore throats and colds you can try onion wine. In a one liter jar put 250-300 grams of minced onion over 100 grams of honey, and add white wine to fill the jar. Cover the jar and leave the mixture for two weeks, then squeeze the wine and take 50 ml three times daily before meals. Onion wine is a good remedy against fatigue and anemia. To get rid of fatigue, take three tablespoons onion wine per day, before breakfast, lunch and dinner.

Onion wine can be helpful for cardiovascular diseases, as it is a heart tonic. Decoction stimulates blood

circulation. Are your hands and feet are always cold, whatever the season? A good treatment of peripheral circulatory failure is the decoction of onions. You can cook four to six onions, boiling them in a liter of water for 10-15 minutes, and then add 50 grams of honey. To stimulate blood circulation, you can drink one or two cups per day. For the same problem, onion juice is also indicated; you can get it by squeezing or crushing a few onions. You can also add honey. The mixture must be kept in the refrigerator for several hours. You can take 50 grams of juice daily for a month, and then take a week break.

Onion juice is a good remedy in cases of constipation or bloating.

What else can you treat with onions?

- Poultices with onions baked in the oven are applied in case of abscess, boil, frostbite and tonsillitis;
- Poultices with raw onion can be a good remedy for treating rheumatic pain, migraines and menstrual pain;
- Onion juice is a good treatment for thrush, freckles or warts.

Onions lowers the "bad" cholesterol. The onion has many therapeutic effects because of its vitamins composition (C, B1, B2, B6, E, PP, and folic acid), minerals (phosphorus, iodine, zinc, selenium), amino acids, sulfur compounds, essential oils, phytohormones, pectin, cellulose, enzymes and organic acids. Onions have a stimulating effect working as a bowel-cleanser, it purifies the blood (in allergies, gout), it is antiseptic at digestive and respiratory level, lowers blood sugar and the "bad" cholesterol, and stimulates appetite. Remedies made from onions help prevent colon, gastric and skin cancer. Onions are a good remedy to relieve fluid retention and help in hormonal disorders. Finally, onions are a tonic for the nervous system.

*Excerpts from folkremedies.net*

## **BST POST** **(BUY, SELL, TRADE)**

Looking for something you need, or got more than you know what to do with? We're going to start a "Tradin' Post" for items to buy, sell, or trade. Send your submissions to Renee (the editor) at [bubbamoore1208@gmail.com](mailto:bubbamoore1208@gmail.com).

## **PETTICOAT GOSSIP**

*I hear-do-tell that members of the Colonial military and militia were given many of their orders via "petticoat government".*

Ladies (and any gentleman not offended at the name of the column), if you have any articles/quips or quotes, recipes, short patterns, shortcuts or tips of any kind you would like to share with the other readers, it would be greatly appreciated.

## **GARLAND COUNTY PIONEER DAYS**

Friends of Garland County Courthouse  
113 Foxwood Street  
Hot Springs, AR 71913  
501-520-0704

Dear Sirs and Ladies,

My name is Mary Bournival and I represent "Friends of the Garland County Courthouse" a non-profit organization of private citizens who have banded together to raise funding for the restoration of the historic Garland County Courthouse. Our next endeavor is a family oriented festival on October 19-20, 2012 at the Garland County Fairgrounds. The theme is "Pioneer Days, a Celebration of the History and Heritage of Garland County". We are striving to truly capture life in Garland County, Arkansas during the pioneer period. We envision a variety of period activities and we will schedule educational demonstrations by organizations such as the National Park Service, Corps of Engineers, Arkansas Game & Fish, and the Garland County and Arkansas Historical Society. We plan to schedule demonstrations that would represent daily life or the rigors and struggles common to the period as well, such as the time honored practice of treating a variety of ailments using naturally grown or indigenous plants, and methods of food storage like canning and drying, cooking, camping and survival skills. Our goal is to make this event as historically accurate as possible. We believe this is a unique educational opportunity and are inviting all area schools to plan field trips to the event on Friday, October 19 in order that the young people can learn more about local history and life in Garland County during the 19th century. The general public will be welcomed Friday and Saturday.

We just became aware of your association and after seeing your web site we believe it would be unthinkable to hold this event without inviting the members of your association to participate in a significant way. It is clear you have an exceptional amount of historical expertise and talent among your membership; and though our invitation may be a little late, we would be truly blessed if you would be willing to join us and make this festival one of the most authentic events possible - with a long-term goal of becoming an annual event. We believe our vision aligns perfectly with both your mission statement and objective, and our sincere hope is that together we can create the ideal opportunity to educate current and future generations about the history and early practices of early Arkansas life. Our dream is to have an annual event that will draw people from throughout the region and surrounding states. It would certainly be a useful occasion to inspire more people to seek an understanding of our beginnings and ultimately consider membership into your association.

If you believe this event is something you would like to become involved with, we urge you to contact us at your earliest opportunity. Maybe you know of friends or appropriate groups/vendors that would also wish to participate. Space is not a concern as we are currently projecting to use just a portion of the grounds, but we have permission to expand out as needed. Our group is working hard to make this successful, but at the same time we are very open to new suggestions and if you see us heading down the wrong road on something, we are willing to defer to your expertise in order to make this a truly authentic, exciting, educational, successful event.

Communication can be directed to me or our event organizer, Renee Westfall at ren040@yahoo.com.

Thank you for your time and we look forward to working with every single one of you!

Mary Bournival, Co-Chair  
501-655-1827  
snoopybob65@gmail.com

**FROM OUR NEIGHBORS  
TO THE SOUTH...**

*Your group is cordially invited to attend any of our upcoming events.*

**A Colonial Christmas School Day  
November 30th, 9 AM-1 PM**

Preregistered students take a trip into the past as they explore a Christmas in early Louisiana. Students will discover the traditions of Christmas, many of which we still observe today. They will also see crafts used in days long ago to help create the things we use during the holiday season. The trip continues into the past as they explore the 1810 West Florida Rebellion. The trip includes stops where the students become militiamen drilling or settlers carding wool to be spun into cloth. They will hear the roar of a black powder musket and smell the smoke from food cooked over a camp fire along with other exciting stops. For more information please contact Audubon State Historic Site in St. Francisville, La. at 1-225-635-3739.

**10th Annual A Colonial  
Christmas/Militia Muster  
December 1st, 5:30 PM-8:30 PM**

The plantation comes to life during the Holidays as it shows off its seasonal decorations. Costumed guides accompany the visitor in a trip into the past through the candlelit Oakley House. See the glow of the blacksmith at work, take a taste of what's cooking in the kitchen, or just enjoy the live period music. Included is our yearly Christmas dance and hot wassail. A trip through the past continues as visitors experience the sights and sounds of the 1810 West Florida Rebellion at the home of the local Spanish Alcalde at Oakley Plantation. Witness the drill of the Spanish soldiers or sign if you dare the declaration of West Florida independence. For more information please contact Audubon State Historic Site in St. Francisville, La. at 1-225-635-3739.

**Colonial days de la Louisiane  
February 15th-17th**

The official dates the event will be portraying are 1730-1783, these dates span French colonization, various native-tribal wars, The French and Indian war, Spanish control of Louisiana, through the American Revolution. For more information

please contact Audubon State Historic Site in St. Francisville, La. at 1-225-635-3739.

**2nd Annual Audubon Colonial Militia  
Muster and Market Faire  
May 25th, 10 AM-4 PM**

Celebrate spring at the Market Fair and colonial militia muster. See cannons roar, the militia drill or even try your hand drilling with them. Later in the evening visitors are invited to a dance in 1810 as music fills the air. Purchase herb and flower plants and shop for the latest fashions in 19th century clothing, jewelry, potions and soaps. You may bob for apples, play games or other lawn games. During the day visit the Blacksmith, have your fortune told, or visit the town doctor. Lemonade and other drinks provide a break from shopping and the other business of the Fair and Muster. In addition there will be a limited preregistration only tea on the back gallery of Oakley House. For more information please contact Audubon State Historic Site in St. Francisville, La. at 1-225-635-3739.

John R. House III.  
Site Manager  
Audubon State Historic Site  
Louisiana Office of State Parks  
Office: (225) 635-3739  
Fax: (225) 784-0578

## UPCOMING EVENTS

### AUGUST 2012

#### **11<sup>th</sup> – 2<sup>nd</sup> Saturday at Cadron**

Firestarting by Pole Dancer  
Ree Walker (tomandree@yahoo.com)

#### **18<sup>th</sup> – Ice Cream Social at Carol's**

Porch (10:00 am)  
Nonose – 501-247-6466  
Carol Fritts – 501-821-0121

### SEPTEMBER 2012

#### **Annual EARA Picnic**

Glenn Cook – 501-941-7917

#### **8<sup>th</sup> – 2<sup>nd</sup> Saturday at Cadron**

Ree Walker (tomandree@yahoo.com)

#### **15<sup>th</sup>–16<sup>th</sup> – Soggy Bottoms Rendezvous**

Washington State Park, Arkansas

#### **22<sup>nd</sup> – Plainview Frontier Days Parade**

#### **28<sup>th</sup>–30<sup>th</sup> – Historic Encampment, Mt. Magazine State Park (more info to follow)**

### OCTOBER 2012

#### **4<sup>th</sup> – Home School Days at Washington State Park**

Vickie Shoenewies –  
870-983-2558  
Patricia.Thomas@ark.gov  
870-983-2625

#### **5<sup>th</sup> – WooloRoc Voo, Bartsville, OK**

woolaroc.org  
Jennifer Johnson 417-294-1175

#### **5<sup>th</sup> – Bloomsfield, MO Voo**

Jennifer Johnson 417-294-1175

#### **5<sup>th</sup> – Crowley's Ridge Black Powder**

#### **6<sup>th</sup> – 2<sup>nd</sup> Saturday at Cadron**

(adjusted date to accommodate the  
new Voo at Leslie)  
Ree Walker (tomandree@yahoo.com)

#### **12<sup>th</sup>–14<sup>th</sup> – Leslie's Voo, Leslie, AR –**

Glenn Cook (gc1760@yahoo.com)

#### **13<sup>th</sup> – Spirits of Cadron, Cadron**

Settlement Park  
Ree Walker (tomandree@yahoo.com)  
513-315-1149  
Lynita Langley-Ware  
501-329-59133

#### **19<sup>th</sup>–20<sup>th</sup> – Pioneer Days, a Celebration of the History and Heritage of Garland County”, Garland County Fairgrounds**

#### **19<sup>th</sup>–21<sup>st</sup> – 2<sup>nd</sup> Annual Hardy Mountain Man Rendezvous**

Loburg Park, Hardy, AR  
Cheyenne – 870-405-6279  
Rawhide – 417-372-1252

### NOVEMBER 2012

#### **10<sup>th</sup> – 2<sup>nd</sup> Saturday at Cadron**

Ree Walker (tomandree@yahoo.com)

#### **22<sup>nd</sup>–25<sup>th</sup> – Petite Jean – Call the Park – 501-727-6512**

#### **30<sup>th</sup> – A Colonial Christmas School Day, St. Francisville, LA**

### DECEMBER 2012

#### **1<sup>st</sup> – 10<sup>th</sup> Annual A Colonial Christmas/Militia Muster, 5:30 p.m. – 8:30 p.m., St. Francisville, LA**

#### **2<sup>nd</sup> – Christmas Open House,**

Historical Arkansas Museum  
Call Museum – 501-324-9351

#### **8<sup>th</sup> – 2<sup>nd</sup> Saturday at Cadron**

Ree Walker (tomandree@yahoo.com)

### JANUARY 2013

#### **12<sup>th</sup> – 12<sup>th</sup> Night at Cadron**

Cadron Settlement Park  
Ree Walker (tomandree@yahoo.com)

### FEBRUARY 2013

#### **15<sup>th</sup>–17<sup>th</sup> – Colial Days de la Louisiane, St. Francisville, LA**

### MAY 2013

#### **25<sup>th</sup> – Annual Audubon Colonial Militia Muster and Market Faire, 10:00 a.m. – 4:00 p.m., St. Francisville, LA**

## EARA INFORMATION

### EARA Officers and Board:

#### Officers:

President – Glenn Cook –

[gc1760@yahoo.com](mailto:gc1760@yahoo.com)

Vice President – Ree Walker –

[tomandree@yahoo.com](mailto:tomandree@yahoo.com)

Secretary – Teresa Lafferty –

[mshattie1234@gmail.com](mailto:mshattie1234@gmail.com)

Treasurer – Michael Bethea –

[michaelbethea@msn.com](mailto:michaelbethea@msn.com)

#### Directors:

Neil Curry, Steve Dunlap, Lynita  
Langley-Ware, Larry Layne, Dave  
Lefler, Tom Reedy, James Thompson,  
and Larry Thompson.

### EARA Committees & Chairs:

Education – Julia Bethea **501-231-  
9730**

Editor of Newsletter – Renee Moore

([rmoore@wlj.com](mailto:rmoore@wlj.com) **or**

[bubbamoore1208@gmail.com](mailto:bubbamoore1208@gmail.com))

Events – Teresa Lafferty –

[mshattie1234@gmail.com](mailto:mshattie1234@gmail.com)

Keelboat – Ed Williams

### EARA WEBSITE

Dave Cutchall

[skilletdancer@yahoo.com](mailto:skilletdancer@yahoo.com)

### NEWSLETTER NOTICE

For calendar and/or event schedule  
changes, newsletter articles, or  
correction notifications, please contact  
Shinnin' Times Editor at  
[bubbamoore1208@gmail.com](mailto:bubbamoore1208@gmail.com) **or**  
[rmoore@wlj.com](mailto:rmoore@wlj.com).

The EARA WEBSITE Manager is Dave  
Cutchall at [skilletdancer@yahoo.com](mailto:skilletdancer@yahoo.com).

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To be covered you need to sign the  
book or if not available, a sheet of  
paper needs to be signed and sent to  
Glenn Cook. All volunteer events are  
covered, whether in the state or not. If  
in doubt always sign a sheet and send it  
to EARA President, c/o Glenn Cook,  
331 Mark Lynn Circle, Cabot, AR 72023

“Pepper” is the password to access the  
online edition of the EARA Newsletter,  
via the EARA website.

## ADVERTISEMENTS

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***YOUR EARA ADVERTISEMENT***

***COULD GO HERE!!***

*Shinin' Times*

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Ridge Runner Canvas  
Steve & Jennifer Johnson  
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